



ROC SALT



Autumn a la Carte

Starters

Chicken and Leeks Ballotine

Served chilled, wrapped in Parma Ham, rocket leaves, basil pesto

£7.80

Crispy Cajun Calamari

Served with mix leaves and aioli

£8.50

Tempura King Prawns (5)

Carrots slaw, sesame seeds, sweet chilli dip

£8.50

Creamy Moules Marinere

White wine, cream, shallots, parsley and crusty bread

£7.00

Deep Fried Breaded Brie (V)

With apple salad, tomato & red pepper chutney

£6.95



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Autumn a la Carte

Mains

Fish of the Day

Crushed new potatoes, broccoli, peas, tomatoes and cream

£14.00

Fish n Chips

Deep fried local fish in batter with chunky chips and tartare sauce

£14.00

Creamy Moules Mariniere

White wine, shallots, garlic, parsley, served with choice of French fries or crusty bread

£14.50

Prawns and Squid Curry

Served on rice, chilli, garlic and coriander

£17.50

Pan Fried Seabass

Buttered new potatoes, green vegetables, lemon and chive sauce

£18.50

Roc Salt Beef Burger

Rustic Bun, Cheddar cheese, bacon, coleslaw, tomato and pepper relish, fries

£13.95

Southern Fried Chicken Burger

Rustic bun, gem lettuce, tomato, gherkins, Siracha mayo and fries

£13.95

Roasted Belly of Pork

With mash potatoes, spinach, crushed hazelnuts, apple jus

£14.50

Roasted Cauliflower and Halloumi Curry (V)

Served with rice, coriander and chilli

£13.50

Side Dishes

£3.70 Each

Chunky Chips

French Fries

Mash Potatoes

Onion Rings

Buttered New Potatoes

Sautéed Baby Spinach

Buttered Green Beans

Steamed Broccoli

House Salad

Rocket, Balsamic and Parmesan Salad





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Autumn a la Carte

Steaks

All our steaks are served with chunky chips or French fries,
corn on the cob vine cherry tomatoes



8oz Beef Fillet Steak

Prime Irish Fillet Steak (230g)

£24.00

10oz Rib Eye Steak

Rib Eye Steak (270g)

£21.00

10oz Dry Aged Rib Eye Steak

Rib Eye Steak (270g)

£23.00

10oz Dry Aged Sirloin Steak

Sirloin Steak (270g)

£21.00

1lb 8oz Dry Aged Cote de Boeuf (for two)

Classic Irish Rib Steak on the Bone

£46.50

Roc Salt Steak and Lobster

Starters (1 per person)

Tempura King Prawns (3)

With sweet chilli dip

Crispy Calamari

Mixed leaves and aioli

Chicken and Leeks Ballotine

Rocket leaves, basil pesto

Mains

1 Whole lobster and 8oz Fillet Steak

(to share between two)

Wine

Choice of Prosecco or House Wine

(1 bottle per couple)

£70.00 per couple

Steak Sauces

£2.50 Each

Béarnaise Sauce

Mushroom Creamy Sauce

Peppercorn Creamy Sauce

Guernsey Blue Cheese Sauce

Garlic Butter





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Autumn a la Carte

Desserts

Lemon and Pistachio Posset

With forest fruits compote

Sticky Toffee Pudding

Vanilla ice cream, toffee sauce

Carrot Cake

With raspberry coulis, vanilla ice cream or Guernsey cream

Chocolate Fudge Cake

Served with mandarin sorbet

All £6.75

Cheese Board

Mature Guernsey Cheddar, Yorkshire Blue, French Brie

Served with chutney, biscuits, grapes & celery

£7.50

A Selection of Local Ice Cream & Sorbets Available

1 scoop **£2.50**

2 scoops **£4.00**

3 scoops **£5.00**

