



ROC SALT

Sunday Lunch Menu

Starters

Spiced Crab Melt

Served on an English Muffin with Chili, Coriander, Cheddar and Bearnaise Sauce

Seafood Cocktail

Coldwater Prawns, Chancre Crab, Radicchio and Little Gem, Lemon Mayo and Marie Rose Sauce

Seared Asian Beef Salad

Chili, Soy Sauce, Noodles, Ginger, Lime and Cashew Nuts

(v) Char-grilled Courgettes with Ricotta

Served with Rocket Leaves, Chili and Candied Walnuts

(v) Soup of the Day

Seasonal Garnish

Mains

Roast Prime Rib of Beef

Creamed Savoy Cabbage, Roast Potatoes, Vegetables, Yorkshire Pudding and Gravy

Roast Leg of Lamb

Wilted Spinach, Baby Carrots, Roast Potatoes and Gravy

Catch of the Day

New Potatoes, Wilted Greens and Creamy Tarragon Sauce

(v) Gnocchi alla Sorrentina

Tomato Sauce, Basil, Mozzarella and Parmesan

Desserts

Tiramisu

Sticky Toffee Pudding

Vanilla Ice Cream, Toffee Sauce

A Selection of European Cheeses

Served with Chutney, Biscuits, Grapes and Celery

Selection of Ice Cream & Sorbets is available

1 COURSE

£13.80

2 COURSES

£18.30

3 COURSES

£23.80